

F Dear all,
I would like to thank the dentist for the kindness and consideration on my last appointment I received. I had a sedation of which I fully recommend, I was completely relaxed and cannot remember my treatment of which I am truly grateful.

Once again many thanks.

V.M.

Sedation: A simple solution...

With many years of training we recognise that patients are often nervous about visiting the dentist. This is something we understand, but we have found that with clear explanations, video demonstrations and 3D animated presentations, our clients feel more comfortable about their dental treatment, and their fears can be largely overcome.

We recognise that an increasing number of patients need a helping hand during some parts of a treatment programme about which they feel apprehensive - which is where the now routine practice of sedation is frequently used as a solution.

The dentist will explain everything, and answer any of your questions, in advance of your appointment. When you arrive you will be made to feel at ease, before the dentist places into your arm a slow, steady flow of sedative, allowing you to remain fully conscious, and able to respond to the dental surgeon, but also feeling comfortable, relaxed and pain free.



These days, many patients appreciate the little extra help sedation provides, particularly if they have had a bad previous experience elsewhere, have a low tolerance to pain, have very sensitive teeth, or simply feel uncomfortable in the dentist's chair.

We have included some comments from grateful patients on the reverse of this leaflet. Take a look at the Testimonials section on our website to see for yourself how patients have taken the trouble to let us know how pleased they have been after experiencing the 'magic' results of sedation, and how they can now smile at their previous apprehension!

Please feel free to call us for more information, and detailed answers to any of your questions.

How sedation helped overleaf >



hereford
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Got a question? Call 01432 272238 or email us now at info@hereforddentist.co.uk

How sedation helped...



F Dear all,
I would like to thank all the team for the caring attitude and professionalism during the major dental work I required. You have cured my fear of dentists which I have had for many years. I will have no hesitation in recommending your practice to my family, friends and colleagues who require any sort of dental treatment. Once again I thank the whole team for making my visit to the dentist a pleasurable trip and I look forward to seeing you all again in 6 months time when I come in for a check up.

Yours sincerely,
J.N.

F To cut a long story short, I made 'the appointment' and went through with it... scared but trying to think positive I lay back on the couch, was given a tiny injection in my arm, never feeling a thing and the next thing I can remember was getting out of the car with my partner back at home, having had 2 fillings, an extraction and a general clean and polish! Everything that I was told was totally true, the staff were so kind and the process was completely painless and I could not remember a thing!

I would like to say a HUGE thank you to Faresh, Jasmine and Vicky for your excellent service and customer care and would recommend you to anyone without hesitation... and, for all you nervous patients out there... if I can do it... so can you... and you won't remember a thing.

J.W.
Previously a Nervous Patient

PS. Mouth healing up just fine - and thank you for your follow-up call.

F I have a dental phobia- I am petrified. But, after three years of lost fillings, lost crown, infection in the gum, and lots of pain, I decided on January 1st that my resolution for 2010 was to get my teeth fixed! I was tired of smiling at people behind my hand: I was very embarrassed about the gaps in my mouth.

I live in Mid-Wales and dentists are thin on the ground here! I wanted sedation and could not find a dentist who would do that: then, thanks to the internet I came across Hereford Dental Clinic and a wonderful page about nervous patients, but it then took me almost three months to actually pick up the phone. I was really nervous. When I summoned up the courage to make the call- I talked to Vicky and she was amazingly re-assuring and explained about what would happen on the first visit. She was wonderful when I arrived at the surgery and helped to calm me down and understood my anxieties, thank you so much Vicky, I really appreciated your friendly welcome.

I then met Dr. Gursh Bajwa, who was fantastic. For the first time in my life a dentist didn't make me feel stupid and childish because of my fears. He was very calming and patient and I understood everything about my treatment, which he explained in detail and which he would finish in just 2 appointments. I was still very worried before my first treatment, but the sedation was nothing short of miraculous. I don't remember very much, but at last, the fear had gone and I went home with a repaired front tooth and all my fillings in place! I was slightly worried about the second visit but that was as non-threatening as before and this time my teeth looked wonderful- and complete! I could smile again. It was brilliant. My quality of life has changed dramatically - I can eat properly and chew properly now and I can speak to people face to face and not behind my hand. I can't thank Dr Bajwa enough and also his kind, considerate dental nurses, they were so friendly and competent; and as for Vicky and the other receptionists, they are angels!

Thank you all, my fears have been conquered, I feel very proud of myself- but of course it's all thanks to you. I won't be worried at all about my next visit. Thank you so much,

P.B.

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